



<https://silver.bistromd.com/Home>

1-844-404-3663

Meals starting at \$7.49+

\$19.95 flat rate shipping
Free Shipping on orders \$99+

Special Diets:

Heart Healthy, Gluten Free, Diabetic, Low Sodium, Low Carb, Dairy Free, Mediterranean, Vegetarian

No minimum Order Required



*Information courtesy of ADRC of Dane County. The ADRC does not endorse or recommend specific companies.

Updated 06/2019

Prepared Meals Delivered by Mail





<http://www.momsmeals.com/>

1-866-204-6111

**\$6.99 per meal
(\$7.99 for pureed meals)
10% discount for veterans**

\$14.95 flat rate shipping

Special Diets:

Heart Friendly, Diabetic Friendly, Renal Friendly, Cancer Support, Pureed, Gluten Free, Vegetarian, Low Sodium

First time buyers can try a 3 meal sampler

Meals offered in quantities of:
7,10,14, or 21



<https://www.homestyledirect.com/>

1-866-735-0921

\$6.95 per meal

\$19.95 flat rate shipping

Special Diets:

Carb Controlled, Gluten Free, Low Calorie, Low Fat, Renal Friendly, Sodium Controlled

Minimum order of 12 meals



<https://topchefmeals.com/>

1-800-616-8044

Meals starting at \$7.95+

15% Off for individuals over 60

**Free Shipping on first order over \$75
\$19.95 per box (box holds 21 meals)**

Special Diets:

Low Carb, Paleo, Low Sodium, Diabetic, Low Fat, Renal Friendly, Gluten Free, Dairy Free

\$55 minimum order